

LeinPRO FM



Karo*PRO* SG



Ingredients	%	Dosage
Water	34.52	125.00
Margarine	6.90	25.00
Salt	0.03	0.10
Wheat Flour	20.71	75.00
Karo <i>PRO</i> SG	0.55	2.00
Lein <i>PRO</i> FM	0.83	3.00
Baking Soda	1.10	4.00
Water	27.62	100.00
Vegetable Oil	3.87	14.00
Lein <i>PRO</i> FM	3.87	14.00
Total	100.00	348.10

Preparation

- 1) Bring the water together with the margarine and salt to the boil.
- 2) Mix flour, KaroPRO SG and LeinPRO FM and add quickly to the hot liquid.
- 3) Blend above ingredients until a dough is formed. Heat under constant stirring for one minute, then put into a bowl.
- 4) Add vegetable oil and LeinPRO FM to the water and whisk using a mixer for 10-15 seconds
- 5) Knead the LeinPRO Emulsion into the initial dough. Mix the baking powder into the cold dough.

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